





## Who We Are

Since 1942, patients from across the United States and around the world have trusted Ochsner for forward-thinking medical care based on the latest research and supported by the most advanced technology.

At Ochsner, you'll find more than 1,000 physicians, some of the world's brightest medical minds, practicing more than 90 specialties and subspecialties in comprehensive medical facilities ranked among the best in the world. That's why more than 3,000 international patients visit us annually for highly specialized, innovative healthcare tailored to their needs.

## Why Choose Ochsner?

For more than 70 years, patients have known that when they come to Ochsner, their well-being is our primary concern. Driven by a mission to **serve**, **heal**, **lead**, **educate** and **innovate** in all that we do, we – as the largest health system in the region – provide care that keeps patients at the center. Whether on our main campus or at our many affiliated hospitals and numerous health centers across the region, we serve more than 600,000 patients annually with compassionate, personalized care tailored to their needs.

Consistently ranked\* among the best hospitals in the nation in several specialty areas, including cardiology, cancer care, endocrinology, urology and transplants – to name a few – Ochsner seeks to deliver the highest quality care to meet each patient's unique healthcare needs.

For more than 60 years, Ochsner has been a major referral center for patients from around the world, particularly from Central and South America.



## A Tradition of International Health Services

At our International Services Office, you'll meet experienced staff and interpreters who will take care of any special needs you may have and make you feel at home. We strive to provide services tailored to the unique medical and cultural needs of each of our patients. Better understanding our patients' lifestyle, culture and health priorities enables us to deliver care that promotes complete healing and continued wellness.

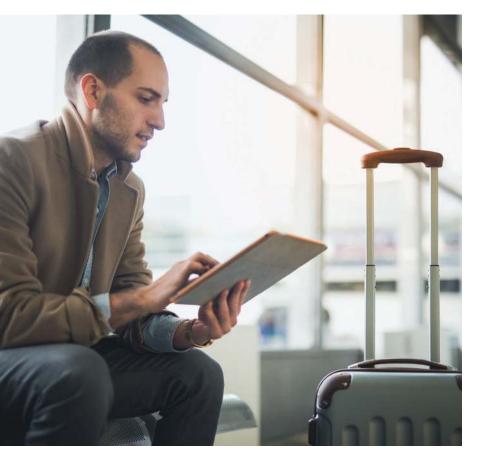
For more than 60 years, Ochsner has been a major referral center for patients from around the world, particularly from Central and South America. From prenatal to geriatric care, patients will find a depth and breadth of medical expertise and an extensive continuum of care unique to the best healthcare systems in the world.

Helping us to provide patient care based on the most current and relevant medical research, Ochsner also has one of the nation's largest non-university academic programs for intern and residency training. And, over the last 50 years, many international physicians have relied on Ochsner for training and experience that enhance their practice at home.

<sup>\*</sup> By CareChex®, a division of Comparion® Medical Analytics



# Service, Convenience and World-Class Treatments





As you create your care plan with Ochsner, you'll be assigned a patient coordinator through our International Health Services Office, who will assist you with all arrangements.

Traveling to another country for medical care may seem overwhelming. As an international patient, you deserve personalized and convenient world-class care. At Ochsner, we strive to make your visit as comfortable as possible by providing the personal services you may need when you're far from home. Our international reception area is designed to provide international patients and family members with comfortable amenities and a business center for personal needs and printing.

As you create your care plan with Ochsner, you'll be assigned a patient coordinator through our International Health Services Office, who will assist you with all arrangements, including:

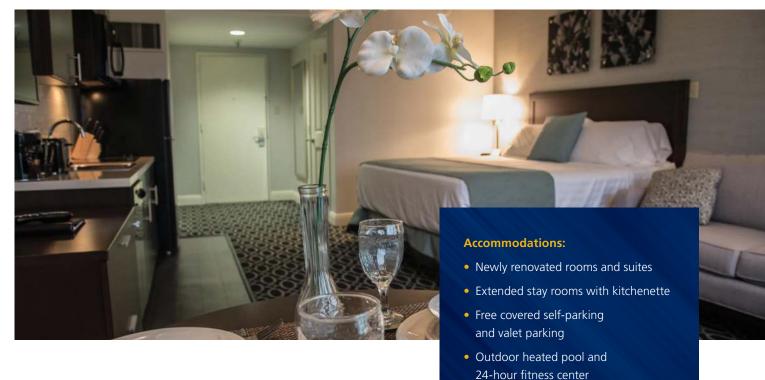
- Medical financial estimates
- Travel arrangements (air and local) to and from Ochsner Medical Center
- Hotel accommodations and lodging assistance
- Coordination for medical appointments and test scheduling
- Interpreter services for medical appointments
- Reservations for area attractions
- Financial and banking services
- Special nutritional needs
- Follow-up medical reports for you and your physician
- Any other special considerations you need during your stay

You can get in touch with your coordinator and our staff five days a week and rely on our anytime on-call services in case of emergency.

Ochsner offers the convenience of having your doctor, pharmacy, hotel, coffee, dining and the international office all under one roof.

## Where to Stay





#### **Brent House Hotel**

The Brent House Hotel, a service of Ochsner, is the ideal lodging space for your stay away from home. We know the stress medical treatment can bring to you and your family. That's why the Brent House Hotel brings convenience to you.

Just steps away from your doctors are our comfortable and plush guest rooms that offer you the accommodations to recover and heal from your treatment. Take a quick walk down the hall to dine at Bistro 42 or experience the calmness of our atrium with loved ones. Indulge in a warm cup of coffee or tea at PJ's Coffee Shop while listening to the soothing sounds of live piano music. Need help during your stay? Our hospitable and bilingual staff is happy to offer any assistance needed. At the Brent House Hotel, making you feel at home is our No. 1 priority.

The Brent House Hotel is conveniently located halfway between Louis Armstrong New Orleans International Airport and Downtown New Orleans. The hotel is within a 5-mile radius of New Orleans' most popular attractions and destinations, including the famed French Quarter, Mercedes-Benz Superdome, Audubon Zoo, The National World War II Museum and the New Orleans Ernest N. Morial Convention Center.

- Restaurant and coffee shop
- Laundry facilities
- Business center
- Pharmacy and gift shop
- Barbershop and beauty salon
- Brent House Market convenience store
- Complimentary Wi-Fi throughout our guest rooms and facilities

For more information, talk to your patient coordinator or visit **brenthouse.com**.

Toll Free: 800.535.3986



Each day, Ochsner's eight Centers of Excellence (COEs) – focused on cancer care, cardiology, neuroscience, surgery, pediatrics, orthopedics and sports medicine, women's health and transplant medicine – pave new pathways for patients' healing and hope through compassionate, expert care, advanced technology and treatments based on the latest research.

#### **Cancer Care**

Ochsner's commitment to innovative cancer research and therapy development began in 1939 with our founders, Dr. Alton Ochsner's, research on pulmonary malignancy and the link between smoking and lung cancer.

At the Ochsner Cancer Institute, you'll find the most advanced cancer care available and compassionate support to help you face the challenges of living with cancer. Our research partnerships with TGen and the Louisiana Cancer Research Center ensure that you'll receive treatments based on up-to-date clinical studies and research focused on preventing, treating and curing all types of cancer. And for those with difficult-to-treat cancers, we

participate in some of the most cutting-edge early phase cancer clinical trials anywhere in the world.

At the Lieselotte Tansey Breast Center, fellowship-trained surgical oncologists and radiologists who specialize in the evaluation and management of breast disease work together to provide women with comprehensive breast services and swift diagnoses. We understand the concerns, anxieties and fears many women experience when faced with the possibility of breast cancer and are actively involved in breast cancer research, helping to develop new and more effective methods of preventing, diagnosing and treating breast disease.



Ochsner offers more clinical trials for cancer treatment than anywhere else in the region, enrolling more than **300 patients** in National Cancer Institute and pharmaceutical industry sponsored clinical research trials annually.

#### **Cardiology**

When you visit the John Ochsner Heart & Vascular Institute for cardiology care, you can expect advanced diagnostic and leading-edge therapies for adult and pediatric cardiology patients in a program ranked among the best in the United States. Our experts specialize in:

- Adult congenital heart disease
- Advanced heart failure
- Arrhythmia
- Cardiac PET imaging
- Cardiac transplantation
- Cardiovascular MRI and CTA imaging services
- Consultative cardiology
- Heart and vascular surgery

- Heart rhythm disorders
- Interventional cardiology
- Nonsurgical heart valve replacement and repair
- Pediatric cardiology
- Pulmonary hypertension
- Stroke prevention and carotid stents
- Transcatheter aortic valve replacement (TAVR)
- Vascular medicine

#### **Neuroscience**

At the Ochsner Neuroscience Institute, you'll find a team of multidisciplinary specialists working together to provide the latest diagnostic and therapeutic options for adults and children with neurological conditions.

The Institute's reputation for comprehensive clinical care has made it a destination for patients with these conditions. Ochsner's expert neuroscience team specializes in a wide range of treatments for adult and pediatric neurological conditions, including seizures; offers self-care education techniques for patients with chronic headaches; and provides an innovative, minimally invasive therapy for Parkinson's disease. The doctors and staff at Ochsner also specialize in the diagnosis and management of all forms of neuroendocrine tumors (NETs). These rare cancers make up just 2 percent of treated cancer in the United States, and we have consulted with over 2,400 NET patients from 48 states.

Our comprehensive neuroscience services include:

- Level 4 epilepsy center
- Chronic stroke management
- Complex spine surgery
- Neuro-oncology/radiosurgery
- Neurocritical care
- Neurotology
- Neuro-ophthalomology

- Multiple sclerosis
- Neuromuscular
- Muscular dystrophy
- Movement disorders
- Neurological rehabilitation
- Traumatic brain injury
- Concussion

- General physical medicine & rehabilitation
- Back and spine care
- General neurology
- General neurosurgery
- Headache/migraines



We have consulted with over **2,400** neuroendocrine tumor patients from 48 states.

## Our Centers of Excellence

#### **Surgery**

The Ochsner Department of Surgery is regarded as one of the top surgical departments in the United States, performing the latest high-tech procedures while remaining committed to providing an exceptional patient experience. We're one of only a few training sites for robotic surgery in the world, and our surgeons regularly use the da Vinci® Surgical System, the most advanced tool available for urologic and gynecologic procedures. Whether you're undergoing surgery for esophageal disorders, upper GI cancer, pancreatic or liver disease, gastric issues or hernia, breast or lung cancer, a vascular or cardiac condition, a urologic or gynecologic condition, or a transplant – you can trust our expertise and ever-evolving techniques to help you achieve your best possible outcome and return to the life you love.



We're one of only a few training sites for robotic surgery in the world, and our surgeons regularly use the *da Vinci® Surgical System*, the most advanced tool available for urologic and gynecologic procedures.

#### **Ochsner Multi-Organ Transplant Institute**



The Ochsner Multi-Organ Transplant Institute has been recognized for several years as #1 in the nation for liver transplants by CareChex®. When you need a transplant, you need the best surgical team and support program by your side. The Ochsner Multi-Organ Transplant Institute has been recognized for several years as #1 in the nation for liver transplants by CareChex®; our kidney transplantation patient survival rates exceed national averages; and, overall, our transplant patients are doing better, living longer and experiencing fewer complications than others around the globe. You can trust our expert surgical team who have performed over 6,500 lifesaving transplants since 1984. We perform liver, kidney, kidney/pancreas,

heart and lung transplants for adults and children and offer accommodations and support services for our national and international patients and their families.

By recruiting some of the world's leading transplant surgeons and physicians, pursuing clinical and research excellence and adding programs for even the most rare and complex organ transplants, the Ochsner Multi-Organ Transplant Institute continues to grow and serve more patients in our region and around the world.

#### **Orthopedics & Sports Medicine**

The Ochsner Department of Orthopedics employs the latest techniques and technology for the best possible patient outcomes in surgical and nonsurgical treatments for a wide range of orthopedic problems in adults and children. Ochsner's experienced and highly skilled orthopedists specialize in treating:

- Joint pain and damage requiring replacement
- Sports injuries
- Skeletal and bone tumors
- Cancer-related orthopedic pain and dysfunction
- Elbow, hand, shoulder and wrist ailments
- Spine ailments
- Injuries from trauma
- Spine and scoliosis

#### **Pediatrics**

We know your child's well-being is your top priority. At Ochsner Hospital for Children, we offer the highest level of pediatric care for even the most complex needs – like cancer treatment and organ transplants. Our 120 pediatric physicians include top specialists in pediatric cardiology and congenital cardiac surgery, gastroenterology, oncology, pulmonology, urology, neurology, neurosurgery and more. Our 113-bed hospital features a special pediatric emergency room, a 54-bed Level III Regional NICU, a 14-bed Level I Pediatric Intensive Care Unit, a 12-bed Pediatric Cardiovascular Intensive Care Unit and child life specialists. Additionally, our outpatient multidisciplinary clinics offer care for conditions like spina bifida.



U.S. News & World Report ranked Pediatric Cardiology at Ochsner Hospital For Children as one of the nation's top pediatric centers – the only hospital ranked in Louisiana.

#### **Women's Services**

From young women to mothers and grandmothers, we care for women of all ages. Whether you need an obstetrics consultation or are looking to schedule a wellness exam, you can rely on our team of OB-GYNs to make sure that you are comfortable and receive the care you need during your visit at Ochsner. Our women's health team includes gynecologic surgeons who are experts in minimally invasive techniques and are constantly seeking innovation in their approach to complex gynecologic conditions that previously required large abdominal incisions and prolonged hospital stays. You'll also find comprehensive gynecologic oncology; a maternal fetal medicine team capable of caring for patients with complicated antenatal issues and even performing in-utero surgery; and experienced obstetric intensive care specialists who've cared



for obstetric patients with severe infections, heart disease and life-threatening hemorrhagic situations. At Ochsner Baptist, our Women's Pavilion features female health services all in one location: whether you're having a baby, a mammogram or even robotic surgery – the care you need is available here.

### At the Forefront of Innovation



The Ochsner TeleStroke

program has helped

than 3,000 patients

at 35 facilities.

physicians treat more

#### **Second Opinions**

Being diagnosed with a severe illness or injury that has limited treatment options can be frightening. At Ochsner, close collaboration between clinicians and scientists allows us to bring medical discoveries from the laboratory to the bedside. Getting a second opinion from Ochsner will help you confirm the diagnosis and get a different perspective on treatment options. To inquire about specific specialties or treatments, contact our office at 504.842.3719 or email us at international@ochsner.org.

## The O Bar

The first retail experience of its kind, the O Bar offers the latest in cutting-edge, interactive health technology to help you seamlessly manage your health and wellness. The O Bar carries a variety of physician-recommended products and features a state-of-the-art iPad® bar. Staffed by a full-time technology specialist, the O Bar offers unmatched service to assist you in choosing the right product or app for your lifestyle as well as providing setup guidance and support.

#### **Telemedicine**

The Ochsner CareConnect 360 Program is a comprehensive clinical solution designed to complement and enhance patient care provided by on-site physicians in satellite locations with advice and patient management by Ochsner experts. Since its inception, the Ochsner TeleStroke program has helped physicians treat more than 3,000 patients at 35 facilities, improving evaluation and utilization of IV tPA for acute stroke cases and helping to lower the disability and overall mortality of the stroke population.

#### innovationOchsner (iO)

Our innovation accelerator uses technology and data to create precision-focused, patient-centered solutions to keep patients healthier and providers more efficient, including wearable technology that allows your physician to monitor your health remotely. The goal of iO is to reimagine the delivery and experience of healthcare in a way that enhances quality, access, patient satisfaction and engagement, and lowers costs.

innovationOchsner has worked with companies inside and outside the healthcare industry to invest in and invent the future.

















With *MyOchsner*, you'll have access to all your files – from anywhere – so you can share them with your physicians at home.

#### **MyOchsner**

With MyOchsner, you can easily and securely manage ongoing medical activities, appointments and communications; view test results; request prescription refills and communicate with your physician online or through our mobile application. You'll have access to all your files – from anywhere – so you can share them with your physicians at home.

#### **Executive Health & Wellness**

Ochsner's International Executive Health and Wellness Program offers a time-efficient and cost-effective health assessment for corporate executives, including a complete medical examination and consultation to identify potential health problems and provide specific steps for developing and maintaining a healthy lifestyle. With comfort, privacy and time constraints in mind, a time-efficient, cost-effective health assessment can be customized for each participant. All tests are performed in one day, immediately followed by a one-on-one consultation with the physician to review results and recommendations for improving health. These personalized recommendations indicate whether additional tests or treatments are warranted. Should that be the case, we can assist with the scheduling of these tests in the same time-efficient manner.

#### **Academics**

Ochsner offers a four-year Doctor of Medicine (MD) degree program. The first two preclinical years are spent at University of Queensland's campuses in St Lucia, and the final two clinical years are spent at the University of Queensland's Ochsner Clinical School in New Orleans. Students have the opportunity to learn in a fully integrated health system with a large multispecialty practice. This joint affiliation provides medical students with an unprecedented learning experience.

Hundreds of interns, residents and fellows in over 25 specialties also train at Ochsner each year, and we have an active research program including basic science, clinical and outcomes research. Ochsner is one of the largest independent academic medical centers in the United States. The International Department offers a variety of international academic opportunities for international students, physicians and healthcare professionals.

For more information on our Academics program, please contact *internationalacademics@ochsner.org*.



Hundreds of interns, residents and fellows in over 25 specialties train at Ochsner each year.



## Exploring New Orleans



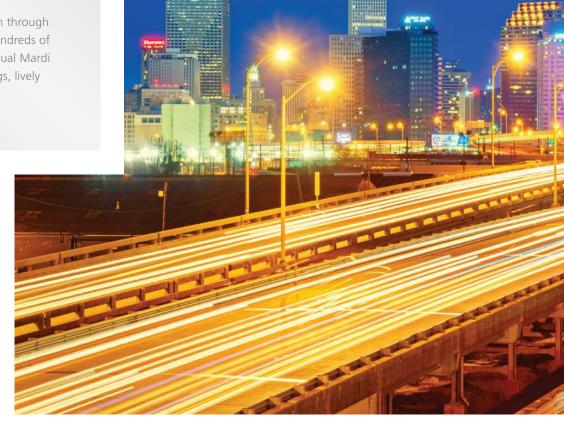
Known as the "Paris of the Americas," New Orleans was founded by the French, ruled for 40 years by the Spanish and bought by the United States in 1803 as part of the Louisiana Purchase. New Orleans is known for its distinct Creole culture, jazz and other unique musical styles, and vibrant history. During the first half of the 19th century, New Orleans became the United States' wealthiest and third-largest city, and it was the site of significant battles during the War of 1812 and the Civil War.

The city grew as a tourist attraction through the 20th century and still draws hundreds of thousands of visitors due to its annual Mardi Gras festivities, iconic food offerings, lively culture and historic architecture.











Enjoy New Orleans' iconic food offerings, lively culture and historic architecture.





For more information about Ochsner International Health Services, please call *001.504.842.3719* or visit our website, *ochsner.org/services/international-health*.

Our Mission – To serve, heal, lead, educate and innovate.

**Our Vision** – Ochsner will be a global medical and academic leader that will save and change lives. We will shape the future of healthcare through our integrated health system, fueled by the passion and strength of our diversified team of physicians and employees.

Our Values – Patients are always our priority. We approach every encounter with compassion. We always act with integrity and believe excellence is an ongoing journey. And, we know teamwork makes us stronger.

